

**MEDIA
KIT**

2025

**VAL
VEE**



**2X AWARD WINNING SPEAKER |
CONFIDENCE COACH |
ENTREPRENEUR**

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WHOP AMP

Val Vee is not your average speaker, she's a movement. A 2x award-winning entrepreneur and empowerment coach, Val has built 10 businesses, one of which hit 7 figures in its first year. Her work fuses unfiltered truth, unapologetic confidence, and powerhouse leadership.

From owning a Tim Hortons in the U.S. to building Canada's most badass women's networking group (Ladies Who Dine), to launching a hit podcast (I Am That Bitch) and her transformational coaching experience (Unleashed Confidence) Val brings fire and results to every stage and room she enters.

She's been featured on CTV Morning Live, RogersTV, Toronto Sun, Speaker Slam, SiriusXM and more.

When Val speaks, people don't just listen-they lean in, level up, and leave changed.



SIGNATURE TOPICS

-  **Owning Your Voice: Unleashed Confidence**
How to stop shrinking and show up unapologetically in life and leadership.
-  **Authentic Networking that Actually Works**
Ditch the fake smiles. Here's how real women make real power moves.
-  **Built from the Fire: Resilience That Hits Different**
From bankruptcy to business mogul. How to turn pain into power.

AS SEEN IN

TORONTO SUN

CTV

ROGERS tv

**NEWSTALK
1010**



Zoomer Radio

SiriusXM



Featured Appearances

Val Vee Winning Speaker Slam - Empathy Unmasked

Val on CTV Morning Live

Podcast Interview - I Am That B*tch: Embracing Authenticity

Val on At the Heart of Business

Val on No Offence But Podcast - SiriusXM Canada

Brands & Platforms

Podcast: [IAmThatBitch.ca](https://www.iamthatbitch.ca)

Networking: [LadiesWhoDine.ca](https://www.ladieswhodine.ca)

Coaching: [UnleashedConfidence.com](https://www.unleashedconfidence.com)

Book Val Vee

Looking to bring bold, raw, and transformational energy to your next event, panel, or media feature?

 [17](https://www.youtube.com/watch?v=17) [Book a Discovery Call](https://www.youtube.com/watch?v=17)

 [Email: hello@thevalvee.com](mailto:hello@thevalvee.com)

